



Under the Patronage of the  
President of the Lebanese University

**Professor Fouad Ayoub**



**The Second Annual Lebanese University  
Medical Graduates Conference**

**“Advances in Medicine:  
Beyond the Borders”**



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**19-20 July 2019**

**Faculty of Medical Science  
Lebanese University, Hadath Campus  
Lebanon**

# WELCOME

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## Dear Friends and colleagues,

It is with a great pleasure that we invite you all to the Second Annual Lebanese University Medical Graduates Multidisciplinary conference on July 19th and 20th.

For the second year, more than thirty local and international speakers, all graduates of the Lebanese University, will be proudly and voluntarily presenting on different topics covering the field of oncology, urology, pulmonary medicine, gastroenterology, endocrinology, pediatric, surgery and medical subspecialties.

Students and graduates will be presenting their research and will discuss career opportunities during parallel round-table networking sessions.

We are confident that this educational and networking opportunity will open new doors to many, and looking forward to meeting every single one of you!

Pr Boutros YARED  
Dean of the Lebanese University,  
Faculty of Medical Sciences

Fadlallah HABR, MD.  
Conference Chair

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# COMMITTEE

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Dr Samah Chiry **Co-Chair**

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Dr Fadlallah Habr

Dr Ray Hachem

Dr Ramzi Haddad

Dr Fady Abou Mrad

Dr Fouad El Sayed

Dr Ghassan Shehab

Dr Nadine Yared

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## Day 1: July 19th, 2019

**7:30** Registration

**8:00** Welcome note  
Pierre Yared, MD

**8:10** Opening remarks  
Fadlallah Habr, MD  
Ray Hachem, MD

### Airway Diseases Session

Moderators: Kassem Harris, MD; Houssein Youness, MD

**8:20** Pregnancy and Asthma: The Do and Don't  
Ghada Bourjeili, MD

**8:40** Eosinophilia in COPD: A Step Towards Personalized Medicine  
Wajdi Abi Saleh, MD

### General Medicine Session

Moderators: Ghada Bourjeili, MD; Ramzi Haddad, MD; Zeina Kanafani, MD

**9:00** Research Development in Lebanon: Past, Present and Future.  
Roland Asmar, MD

**9:20** Ethics in Medicine  
Fady Abou Mrad, MD

**9:40** Burden and Ramifications of Tobacco in the Eastern Mediterranean Region:  
The Need to Act Now  
Maher Karam-Hage, MD

**10:00** Physicians Burnout: Recognizing and Addressing the Problem  
Caroline Tarraf, MD

**10:20** Polypharmacy in the Elderly: Lessons Learned from Lebanon.  
Abir Abdo, MD

**10:40** Break

### Imaging Session

Moderators: Elie Chammas, MD; Zelia Francis-Tohme, MD; Antoine Haddad, MD; Charbel Ishak, MD, MBA

**11:00** Advances in Breast Imaging  
Hanane Khalil, MD

**11:20** Mitral Valve Imaging: Where We Are in 2019!  
Samir Samarani, MD

**11:40** Why Endocrinologists Are Frustrated With Radiological Reports  
Charbel Mourad, MD

### Endocrinology Session

Moderators: Akram Ehtay, MD; Georges Ghanimeh, MD

**12:00** Glycemic Control and Cardiovascular Outcome  
Akram Ehtay, MD

**12:20** Updates on the Management of Diabetes Mellitus  
Elizabeth Abi Joudeh, MD

**12:40** Diabetic Foot Ulcer: What's New in 2019?  
Georges Ghanimeh, MD

**13:00** Lunch and Learn: How to Choose Between Anti-epileptic Drugs.  
Abdallah Rahbani, MD

**13:30** Lunch - Abstract Presentation  
Ghada Bourjeili, MD; Houssein Youness, MD; Kassem Harris, MD;  
Fadlallah Habr, MD; Toni Abdo, MD; Ray Hachem, MD; Mirna Chahine, PhD

### Pediatric Session

Moderators: Mary Chkeir, MD; Imad Chokr, MD; Nawfal Nawfal, MD; Ghassan Shehab, MD

**15:00** Beyond " Turn It Off " Growing Up Digital  
Mary Choukair, MD

**15:20** Thrombocytopenia in Neonates  
Maha Idriss, MD

**15:40** Pediatrics & Neonates Rare Cases  
Chantale Lahoud, MD

## Day 2: July 20th, 2019

### WORKSHOPS

#### Workshop 1 -Clinical Research

Moderator: Ray Hachem, MD

- 16:00** Ethical Considerations / New Insights in Clinical Research Development and Implementation  
Dima Suki, Ph.D.
- 16:30** Tips on Career Development and Residency Orientation for Medical Students  
Ray Hachem, MD

#### Workshop 2 - Ultrasound: Didactic Session

Moderator: Samah Chiry, MD

- 16:00** Point of Care Ultrasound Workshop - I  
Toni Abdo, MD
- 16:30** Point of Care Ultrasound Workshop - II  
Houssein Youness, MD
- 17:00** Adjourn  
Samah Chiry, MD

#### Ultrasound Workshop: Hands-on Session

Moderator: Mohammad El-Harakeh, MD

- 17:10** Houssein Youness, MD; Kassem Harris, MD; Samah Chiry, MD; Toni Abdo, MD;
- 19:00** Charbel Ishak, MD, MBA

**7:30** Registration

**7:50** Welcoming note  
Loubna Abboud, MD

#### Infectious Diseases Session

Moderators: Ray Hachem, MD; Roula Semaha, MD; Nadine Yared, MD

- 8:00** The Complex Affair Between Pollution and Infection in Lebanon  
Nicolas Haddad, MD
- 8:20** Molecular Diagnostics in Infectious Diseases  
Mona Abboud, MD, PhD
- 8:40** Visceral Leishmaniasis and the Refugees Crisis in the Middle East  
Pierre Abi Hanna, MD
- 9:00** Infections in Patients with Solid Organ Transplant, Challenges and Red Flags  
Hanine El Haddad, MD

#### Gastroentology Session

Moderator: Antoine Abi Abboud, MD; Antoine Abi Rached, MD

- 9:20** The Gut Microbiome in Autoimmune Rheumatic Diseases  
Catherine E. Najem, MD, MSCED
- 9:40** Diseases of Gallbladder and the Biliary Tree  
Fadlallah Habr, MD
- 10:00** Caring for Patients with Liver Transplant  
Fadi Francis, MD

**10:20** Break

## Hematology - Oncology Session

Moderators: Wajdi Abi Saleh, MD; Fady Geara, MD, PhD

- 10:40 Sickle Cell Disease in the New Era of Precision Medicine**  
Sanaa Rizk, MD
- 11:00 The Effect of Human Immune Therapies on Immune Cell Subsets and their Spatial Distribution within the Tumor Microenvironment**  
Houssein Abdel Sater, MD
- 11:20 Hematologic Malignancies and the Cutting Edge of Immunotherapy**  
Rita Assi Youssef, MD
- 11:40 Interstitial Lung Diseases Complicating Chemotherapy and Biologics**  
Zainab Haidar Matar, MD
- 12:00 Malignant Pleural Effusion: What we Learned the Last 20 Years**  
Kassem Harris, MD
- 12:20 Evaluation and Management of Suspicious Lung Nodules**  
Houssein Younes, MD
- 12:40 Onco-Cardiology: The Intersection of Heart Disease and Cancer Care**  
Elie Mouhayar, MD
  
- 13:00 Lunch and Learn - How to Write a Scientific Paper**  
Ghada Bourjeili, MD

## Surgical Session

Moderators: Georges Ghanimeh, MD; Joseph Khalil, MD; Michael Oseis, MD; Riad Sarkis, MD

- 14:20 Conservative Management of Placenta Accreta**  
Wassim Rouphael, MD
- 14:40 Updates in the Management of Psoriasis**  
Fouad El Sayed, MD
- 15:00 Low Back Pain: Etiologies and Treatment**  
Dany Mouarbes, MD
- 15:20 When is Spine Surgery the Right Choice?**  
Toni Tannoury, MD
- 15:40 Urolithiasis, from Theory to Practice**  
Nehme Raad, MD
  
- 16:00 Break**
  
- 16:20 Advances in Bariatric Surgery**  
Rabih Nemr, MD
- 16:40 What is New in Minimally Invasive Colorectal Surgery in Cancer Patients?**  
Riad Sarkis, MD, PhD
- 17:00 Update on Wound Care**  
Georges Ghanimeh, MD
- 17:10 The Role of Flaps in Wound Care**  
Georges Ghanimeh, MD
- 17:20 Burn Management in 2019: Lessons Learn from a Lebanese Burn Unit**  
Jean Marc Said, MD
- 17:30 The Role of Skin Graft in Patients with Third Degree Burn**  
Ziad Sleiman, MD
  
- 17:40 Closure Note**  
Pierre Yared, MD
  
- 17:50 Research Award Ceremony / ALMA Scholarship Award**  
Fadlallah Habr, MD, Mohammad Elharakeh, Ray Hachem, MD